

Cardio Carl likes to keep his heart healthy.
Do you know his favourite way to keep fit?

How to play the staffroom sweepstake

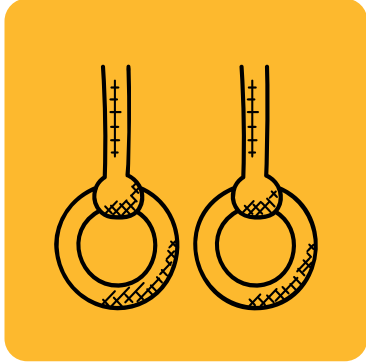
- 1. Pay £2 to pick Cardio Carl's favourite sport.
- 2. Write your name underneath the sport you've picked. Only one name allowed per sport!
- 3. When you've completed your sheet, your event organiser can email: fundraising@stjohnwales.org.uk and ask for the winning sport.
- 4. Split the cash £25 for the winner and £25 for St John Ambulance Cymru.
- 5. Pay your money in to St John Ambulance Cymru using the instructions in your fundraising guide.



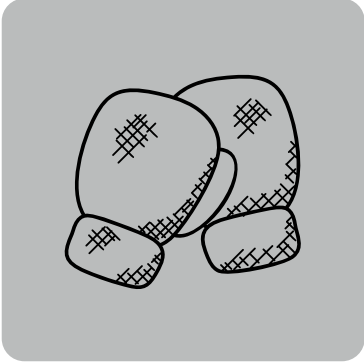
Football



Cycling



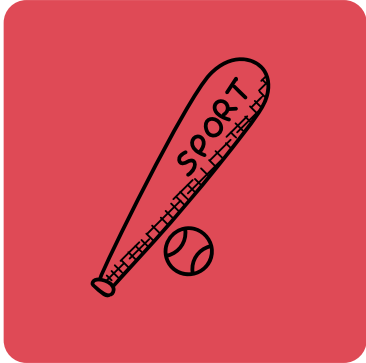
Gymnastics



Boxing



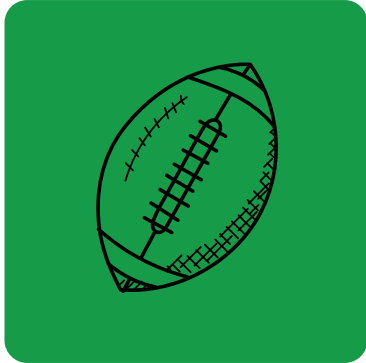
Running



Baseball



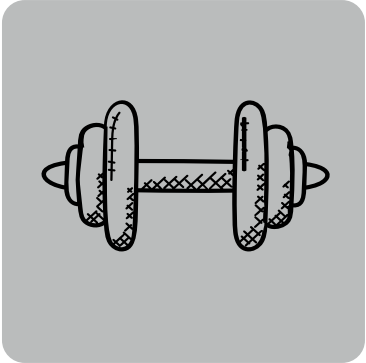
Golf



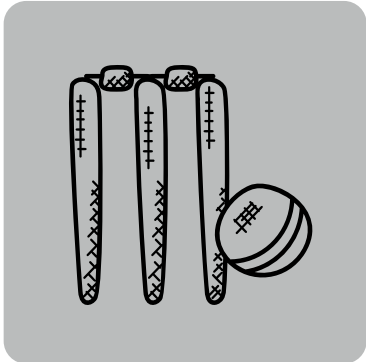
Rugby



Judo



Weightlifting



Cricket

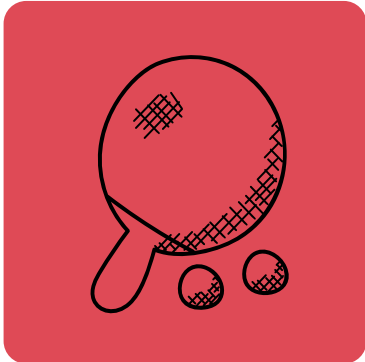
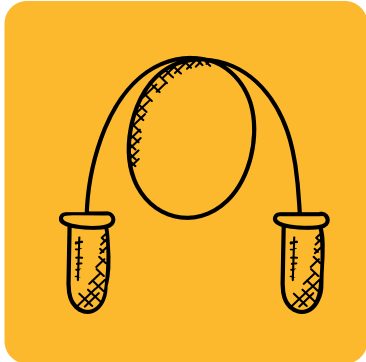


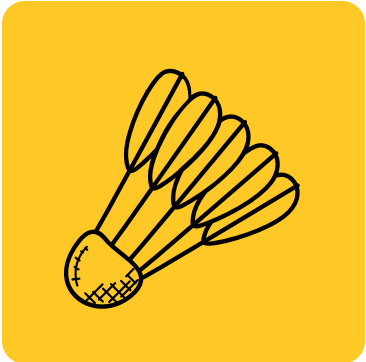
Table Tennis



Skipping



Ice Skating



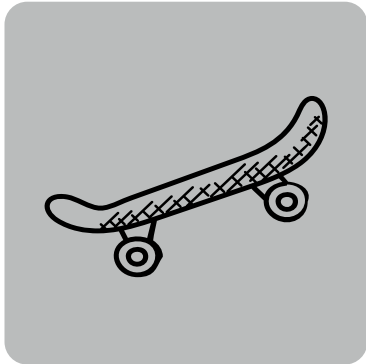
Badminton



Hockey



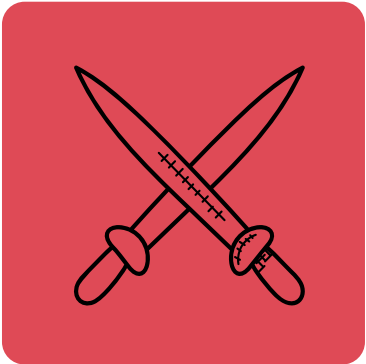
Netball



Skateboarding



Tennis



Fencing

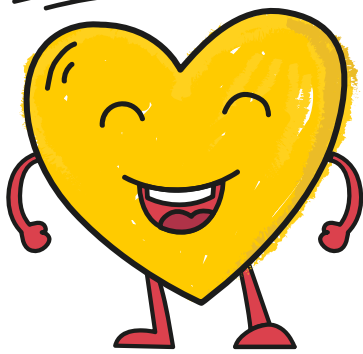
The legal bit: This sweepstake is an exempt lottery under the Gambling Act 2005 and is promoted by: _____
(Please write the name and address of the promoter here, i.e. the person responsible for collecting the money and your workplace address). This poster is for use in Great Britain only. The promoter and the entrants must be 18 or over. Your sweepstake must be conducted as a workplace or resident's lottery. This means that people are only eligible to enter if they either work in the same premises as the promoter, or live in the same premises as the promoter. You may only display this poster or advertise the sweepstake on the relevant, named premises (see before). The rights of any entrant are not transferable to any other person (and any attempt to transfer them will be treated as ineffective). Each entrant agrees that, if they win, the promoter will donate half the money collected to St John Ambulance Cymru on behalf of the winner. The promoter is responsible for ensuring the sweepstake is run properly – St John Ambulance Cymru is not the promoter and does not accept any responsibility for the running of this sweepstake.

Cardio Carl likes to keep his heart healthy.
Do you know his favourite way to keep fit?

Anyone can enter this super sweepstake

- 1. Make a suggested donation* to play – we suggest £2.
- 2. Pick the sport you think Cardio Carl does to keep his heart healthy.
- 3. Write your name underneath the sport you've picked. Only one name allowed per sport!
- 4. When you've completed your sheet, your event organiser can email: fundraising@stjohnwales.org.uk and ask for the winning sport.
- 5. Split the cash equally between the winner and St John Ambulance Cymru.
- 6. Pay your money in to St John Ambulance Cymru using the instructions in your fundraising guide.

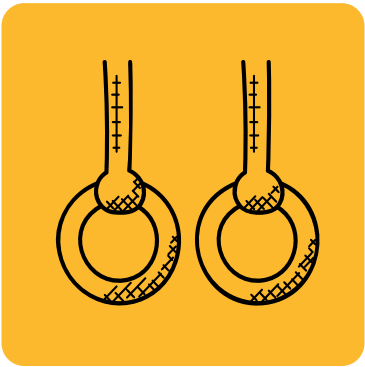
Hands on
for Hearts



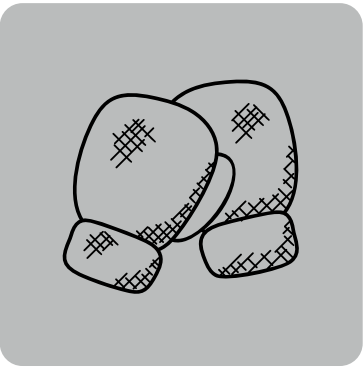
Football



Cycling



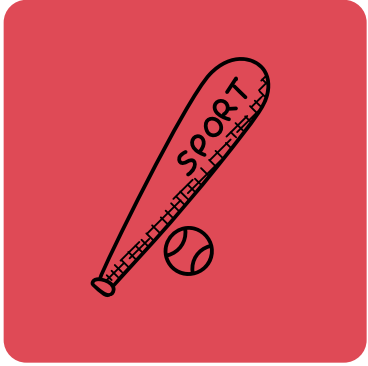
Gymnastics



Boxing



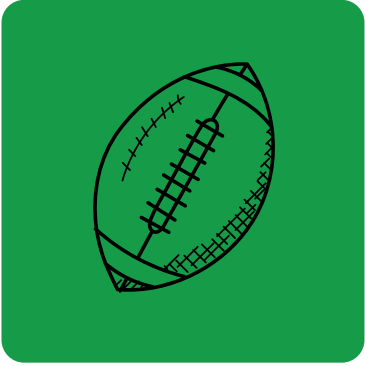
Running



Baseball



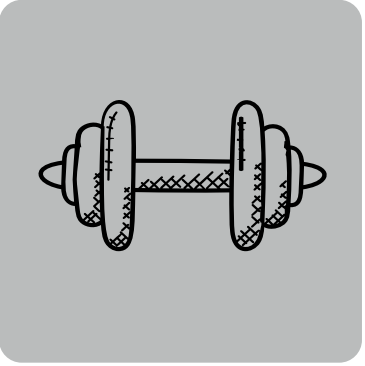
Golf



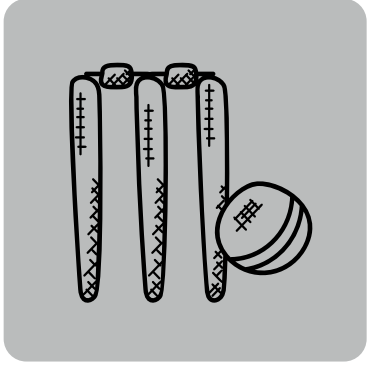
Rugby



Judo



Weightlifting



Cricket

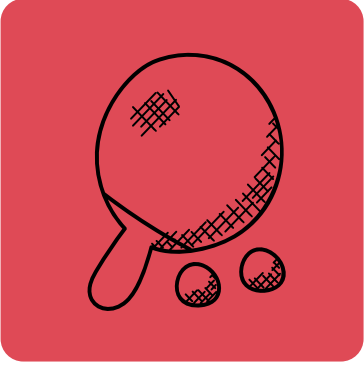
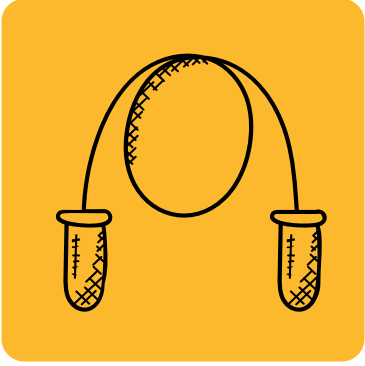


Table Tennis



Skipping



Ice Skating



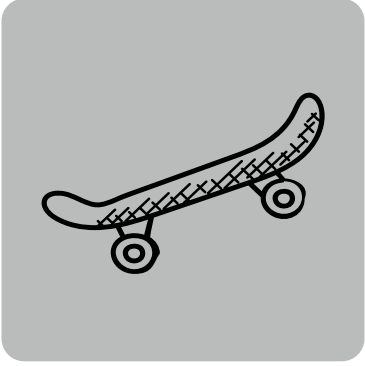
Badminton



Hockey



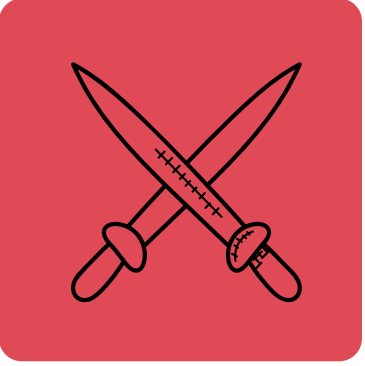
Netball



Skateboarding



Tennis



Fencing

*The legal bit: This sweepstake is a free prize draw with a suggest donation of £2 to play. No donation is necessary to enter. Making a donation does not increase or affect an entrant's chance of winning. Entrants can donate more than the suggested donation if they wish. The promoter and the entrants must be 18 or over. Each entrant agrees that, if they win, the promoter will donate half the money collected to St John Ambulance Cymru on behalf of the winner. When opening this competition up to members of the public, you may need to record contact details for your entrants. You will need to record and store these details in a legal way. The promoter is responsible for ensuring the prize draw is run properly – St John Ambulance Cymru is not the promoter and does not accept any responsibility for the running of this competition.

